BLAKES HOUSE RECOVERY RESIDENCE

Level II MAT Housing

Shared Housing for Recovery

Blake's House is a 501C3 committed to compassionate and medically assisted treatment practices for recovery. We accept people on suboxone, and methadone to support their recovery.

HOUSING ROOM CHARGES - FINANCIAL DISCLOSURE

- Room charge of \$750 must be paid on the first of the month. We do not accept room fees after the 6^h of the month. <u>You are responsible for making sure that your charges are paid, even if it is paid by</u> <u>another organization</u>
- 2. There is a one-time \$250.00 supplies fee prior to entry. This fee is nonrefundable.
- 3. Please open a bank account. We will accept debit credit cards. We do not accept cash or personal checks. We will accept money orders. We send a text receipt to your cell phone.
- 4. POLICY ON REFUNDS: If you break the rules and are asked to leave, there is no refund.

Honesty, cooperation and integrity are expected at all times. Our highest values are zen, tranquility, cooperation and personal safety. No threats of harm. (Cause for termination of residency). No obstruction with the authorities and Department of Corrections personnel monitoring their clients. (Cause for termination of residency).

There will be no discussion about other residents background and warrants with nonresidents.

KEY PRINCIPLES

POLICY: NO ILLEGAL DRUG USE OR ALCOHOL ALLOWED

 This is a Clean and Sober recovery house and you MUST be clean and sober at all times otherwise immediate removal may result. You will have a baseline drug test when you arrive. Random testing will be required. The house lead may request a random drug test. Failure to comply is cause for removal and is considered "dirty". You will be charged \$10.00 per time for follow up drug testing supplies.

- 2. Everyone is expected to interview with the housing provider when you are first housed. We will review each one of these rules with you. Let us know if you have any questions or concerns that you won't be able to follow these rules.
- 3. If you supply or give drugs to any resident or are caught dealing drugs on or off property, you will be asked to leave as that is cause for immediate termination of housing. You may get your belongings within 21 days.
- 4. If you use drugs, you must self-report immediately to the house lead and your program.
- 5. <u>There is no expectation of privacy. Rooms may be searched for drugs or contraband at any time</u>. Putting a lock on your door is cause for termination. This is a safety risk.
- 6. You are not allowed to ask other residents to execute paperwork for the courts or any other group.
- 7. If you are on medication that is prescribed by your doctor or program, you are expected to take your medication.

<u>No alcohol or illegal drug use.</u> No using prescription drugs that do not belong to you. No cough syrup, unless it is prescribed. Any prescribed medication must be kept in a locked box. Medical Cannabis in gummy, or tablet form only. <u>Bringing fentanyl into the house is cause for termination and will require payment for a hazmat removal.</u>

LIVING IN BLAKE'S HOUSE

Our highest values are zen, tranquility, cooperation and feeling personal safety.

- 1. Blake's House Recovery Residence works with several agencies that provide housing, therapy and medication support for our clients. There will be various requirements such as attending meetings, job training, employment and other life skills. If you are in a program, you are expected to follow the rules of the program.
- NO CALL NO SHOW for 48 hours will result in loss of your room. Please contact your house lead if you
 plan on being gone longer than 48 hours with approval. <u>NOTE: DOC officers, not house leads, are the
 only ones that can give permission to spend the night somewhere else</u>. We check on whether you have
 permission to be absent.

We enforce the curfew unless you have a check out slip from work.

- 3. Immediately clean up any area you use (Kitchen, Bathroom, and Common area). It is expected that you will thoroughly clean the bathroom after your use. Do not leave dishes In the sink.
- 4. CHORES: Rooms will be kept orderly and clean beds will be made daily when not occupied, dirty dishes should be removed daily and washed.

Trash must be emptied daily. Most rooms are shared rooms and if there is an open bed in your room, you are responsible for maintaining the bed. You may not use the spare bed, dresser or other half of the closet. You may not change your room or house without written permission from DOC, drug court, or the housing provider.

- 5. CHORES: Chores will be assigned weekly. The chore list is in the kitchen. Chores need to be done by 10:00 am. If you cannot do your chore, you need to make arrangements with another resident to cover it for you. The house will be deep cleaned every week. Chores will include thorough cleanup of common areas (kitchens, bathrooms, living room). Each resident is responsible for cleaning up after themselves, and participating in communal chores as necessary.
- 6. "NIMBY"-We will work hard to overcome other peoples limited understanding or stereotypes they may have, to over the the stigma of "Not In My Backyard", by being respectful and polite to all people who happen to visit, and to keep our house looking "the best in the neighborhood." Lets work to overcome peoples fears and stigma's. Time has shown that sober houses that are 'good neighbors' become very accepted and welcomed in neighborhoods. 70% of all people have someone in their circle of friends or family who has struggled with Substance Use Disorder.
- 7. WEEKLY HOUSE MEETING-Residents are required to attend the weekly house meeting. This will usually be Saturday morning. (work schedule conflict will be considered.) The purpose is to ensure things are working well and to keep them that way.
- 8. PRIVACY: There is NO expectation of Privacy. No locks are allowed on bedroom doors. Since some Residents are on Community Placement, the Department of Corrections will have full access to the premises. Blakes House representative or housing provider can enter the house at anytime day or night.
- 9. Due to the fact that Residents are in transition for various reasons, we will neither confirm nor deny that they live here. Some residents may not have Substance Use Disorder but due to PTSD or other conditions require a safe and zen like, peaceful atmosphere. All residents are subject to the same rules, and required drug testing, for the good of the house, regardless of personal history.
- 10. No pets allowed. We do not have the space. Trained service animals that perform a function are allowed.
- 11. If you borrow and loan it is at your own risk. Residents are responsible for their own security and the security of their possessions. Residents storing personal belongings in common areas store them at their own risk. Property left over from moving out or being evicted may be disposed of after 30 days unless other arrangements have been made,
- 12. CARS & Bikes: If you own a vehicle it must be functioning and not in disrepair (leaking oil, smoking) you must also have proof of license and insurance. Parking is first come first served in our designated area. There is no assigned parking. If you damage someone's car, it is your responsibility. We do not get involved. You must cooperate with moving your vehicle as requested for plowing. No electric bikes or scooters are allowed due to fire hazard.
- 13. You must abide by all rules of the house and all local laws and ordinances.
- 14. SMOKING and Vaping: Smoking and vaping is outside in designated area only. Smoking material must be disposed of properly in the assigned container.
- 15. Stealing is cause for asking you to leave the house permanently. Taking someone else's food is stealing. Bringing stolen goods into the house is stealing. Taking someone's medication is stealing.
- 16. The computer and printer are to remain in the common area at all times.

- 17. No modifications or alterations to the house of any kind are permitted. ONLY THE PROVIDED CORKSBOARDS MAY BE USED FOR PHOTOS OR ARTWORK YOU WANT ON THE WALLS. Do not attach anything to the walls or make holes in the wall.
- 18. Food may not be brought into the bedrooms, only water. Burning incense or candles is not allowed due to fire hazards.
- 19. <u>Guests are not allowed. NO overnight guests are allowed under any conditions</u>. The exception is family members may see the house when you move in. You may arrange to meet others at a local coffee shop rather than have them visit you at home.
- 20. <u>No men or women who are not members of the house can be invited into the house. The</u> security of your room and house depends on this house rule.
- 21. UTILITIES and GARBAGE: Energy conservation is everyone's responsibility. Please turn off lights, water and heat when not in use. Garbage must go out on the appointed day. It is up to everyone to make sure the cans are outside.
- 22. PROPERTY STORAGE: Upon vacancy, AWOL status or arrest, any personal property left at the home more than 30 days will be considered abandoned and will be donated to charity or disposed of. Please make arrangements to have someone collect your items if you cannot do so.
- 23. By signing this agreement, you understand that breaching the safety of the house, or when someone exits, we will lead to a change in door codes. DOC has automatic entry into the houses and they have the door codes.
- 24. Curfew is midnight on Friday and Saturday night. Curfew is 10 PM Sunday through Thursday night. No exceptions unless approved by the House lead. You may be asked to provide a work schedule to the house lead.
- 25. Respect, cooperation and integrity are expected at all times. No threats of harm (Cause for termination of residency). No obstruction with the authorities and DOC (Cause for termination of residency.) <u>No</u> <u>discussion about other residents background and warrants with nonresidents.</u>
- 26. Respect the house and do not damage it. If something is not working properly, bring it to the attention of the house lead and we will address it. If you damage the house, you will be expected to pay for the damage.
- 27. When you exit the house, you may not take house supplies, furniture, or anything that does not belong to you. We will follow up immediately if something is missing.
- 28. CheckingIn/Out Signing in and out of the house is required.
- 29. You must identify any items that you own that has a value of greater than \$50 when you enter our home and have paperwork signed by the house lead. We are not responsible for merchandise of value.
- 30. The garage and shed at the Church are not part of Century House and we do not have access.

- 31. Residents will not engage in any illegal activity, sexual misconduct, or cause disturbances of neighboring church or other properties. Residents will not infringe on the peaceful enjoyment of the house with noise, odor, or light that is objectional to other occupants or neighbors.
- 32. Weapons, Firearms and Explosives. No weapons of any kind are ever permitted at Blakes House whether owned or obtained legally or not.
- 33. Fire Safety. All residents are expected to take part in fire drills. Tampering with or disabling smoke detectors is cause for terminatoin. Use of candles and incense is prohibited. Fires are not allowed outside. Residents must not obstruct hallways or egress. No flammable chemicals such as oil-based paint, solvents or fuels may be stored at Blakes House.
- 34. I have read and understand the Medication Policy. If my Dr. changes my medication, I must inform management, (Renee Granger 612-424-1336), not the house lead.
- 35. I understand that by living at Blakes House, I am in a program where standard landlord/tenant laws do not apply and that I can be asked to leave if I break the rules without a standard eviction process.
- 36. New rules may be added if found necessary.

INVOLUNTARY TERMINATION OF RESIDENCY

Involuntary termination of residence shall include, but is not limited to:

- 1. Use or possession of alcohol, drugs, drug paraphernalia, guns, knives, other weapons._____
- 2. Dealing drugs on or off the property_____
- 3. Abuse of over the counter or prescription medications.
- 4. Possession of stolen goods or any theft. _____
- 5. Unwanted guests on the property. _____
- 6. Physical violence or threats of any kind. This includes anyone you let in the house.
- 7. Consistent violation of curfew. _____
- 8. Consistent Violation of house rules.
- 9. Having food in your room that leads to ants or other damages _____
- 10. Stuffing anything down the toilet except toilet paper _____
- 11. Damaging the house intentionally _____
- 12. Failing a drug urine tes, breathalyzer or mouth swab______
- 13. Being disruptive to the household_____
- 14. I need to either working, looking for a job, be in school or doing volunteer work. Idleness & isolation are the opposite of recovery _____

15. If I bring drugs or alcohol into the house, I can be asked to leave immediately for endangering the sobriety of my housemates and there is no refund.

16. There is NO "no snitching" in our Sober House. Knowing someone is planning on using or is using and not getting them help, is equal to saying, "its okay if you die." If you confide in a housemate here, they need to get you help and support.Do not expect them to keep it a secret. We provide <u>support</u> & <u>accountability</u>. We are here for a reason and its to help each other. This is what you are agreeing to. By initialing here, I understand and accept.

CLIENT TERMS AND CONDITIONS

I agree to comply with the house rules and expectations at all times.

I understand that it is necessary to be polite to the Department of Corrections and the Housing Provider.

I understand that zen, cooperation and kindness are key values and will do my best to support the people in the house._____

I understand that if I have a conflict with anyone that the louse lead and the housing provider will work together with you to come to a resolution. We will work together as a team to resolve any conflict._____

If I relapse I want you to bring me to

1.detox_____

2.call this person_		_relationship	phone
(we will try our be	est to accommodate your prefere	nce but cannot g	uarantee it)

If you slip up and use drugs or alcohol again, we want to still help and support you, but you cannot stay in the house while on a substance, for the good of the house. When you can pass a clean UA (or other drug testing method), we want to welcome you back. We will try to hold your room for you. We do not judge you, We want to see that you are getting better and that you are committed to your recovery.

I intend to stay a minimum of 6 months. I understand studies have shown that 6 months or longer staying in a sober home correlates to the lowest rates of relapse.

Signed and Understood			
Printed Name	DATE		
Housing Provider/Renee Granger	DATE		